

# PSTAT 262MC. Monte Carlo Methods

Lecture 2. *Concentration of measure, Stein's paradox, the isoperimetric problem, and the Johnstone-Lindenstrauss lemma.*

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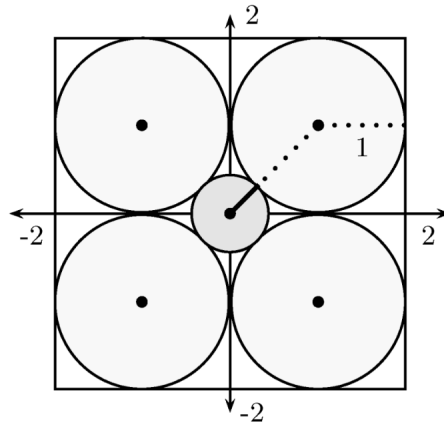
Warm up

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Problem on the hypercube  $[-2, 2]^d$  (taken from [Steele \(2004\)](#)).

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*On Geometry and Sums of Squares*



In  $\mathbb{R}^2$ , one places a unit circle in each quadrant of the square  $[-2, 2]^2$ .

A non-overlapping circle of maximal radius is then centered at the origin.

**Problem 4.1 (Thinking Outside the Box)**

*Is the central sphere  $\mathcal{S}(d)$  contained in the cube  $[-2, 2]^d$  for all  $d \geq 2$ ?*

Compute the radius of the central sphere for any  $d \geq 2$ .

The radius of the inner sphere is compute via,

$$\frac{\sqrt{d}2^2}{2} - 1 = \sqrt{d} - 1$$

so that the sphere exists the box for dimensions  $d > 9$ .

The fraction of the volume the central sphere occupies in the cube  $[-2, 2]^d$  tends to zero exponentially in  $d$  (Steele 2004).

High dimensional space oddity

(<https://arxiv.org/abs/2409.13046>).

- *What is the fraction of light emanating from the origin that leaves the cube (none for  $d = 2$ )?*
- *“We could not answer this question using geometry. ... Our solution is probabilistic in nature.”*

Collection of lectures on convex geometry (Ball 1997).

# An Elementary Introduction to Modern Convex Geometry

KEITH BALL

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NOTATION.

$d$  denotes the dimension.

For  $u = (u_1, \dots, u_m) \in \mathbb{R}^m$  and  $v = (v_1, \dots, v_m) \in \mathbb{R}^m$  we let  
 $\langle x, y \rangle = \sum_{i=1}^n x_i y_i$  denote the standard inner product.

$|x| = \sqrt{\langle x, x \rangle}$ , the Euclidian length.

## Geometric LLN and Stein's paradox

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# INADMISSIBILITY OF THE USUAL ESTIMATOR FOR THE MEAN OF A MULTIVARIATE NORMAL DISTRIBUTION

CHARLES STEIN  
STANFORD UNIVERSITY

## 1. Introduction

If one observes the real random variables  $X_1, \dots, X_n$  independently normally distributed with unknown means  $\xi_1, \dots, \xi_n$  and variance 1, it is customary to estimate  $\xi$ :

– Stein (1955),

Let  $X = \xi + \epsilon$  be a noisy observation of vector  $\xi \in \mathbb{R}^d$ .

- This is the classical setting of observing  $X \sim N(\xi, I_d)$  to estimate the population mean  $\xi$  (in the above image  $n = d$ ).
- $X$  is the maximum likelihood estimator of the unknown  $\xi$ .
- Stein's paradox concerns the existence of  $X' \in \mathbb{R}^d$  such that

$$E |X' - \xi| < E |X - \xi|$$

This is possible for  $d \geq 3$  (dimension  $n$  is above image)

([https://en.wikipedia.org/wiki/Stein's\\_example](https://en.wikipedia.org/wiki/Stein's_example))



EXAMPLE FROM STIGLER'S 1988 NEYMAN MEMORIAL LECTURE.

Let  $X$  be the price of apples in Washington.

$$X = \frac{1}{n} \sum_{i=1}^n X_i \in \mathbb{R}$$

Let  $Y$  be the price of oranges in Florida.

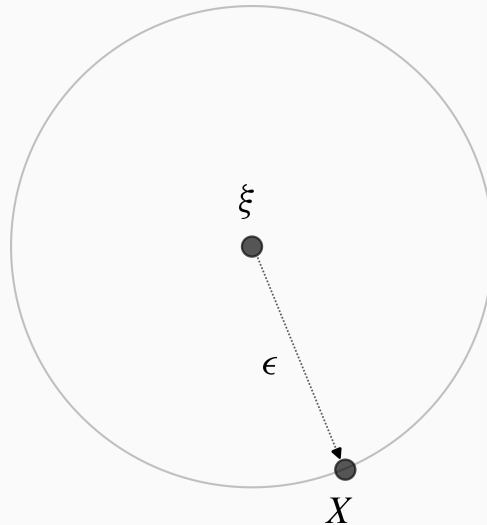
$$\begin{pmatrix} X \\ Y \end{pmatrix} = \frac{1}{n} \sum_{i=1}^n \begin{pmatrix} X_i \\ Y_i \end{pmatrix} \in \mathbb{R}^2$$

Finally, let  $Z$  be the price of wine in France.

$$Q = \begin{pmatrix} X \\ Y \\ Z \end{pmatrix} = \frac{1}{n} \sum_{i=1}^n \begin{pmatrix} X_i \\ Y_i \\ Z_i \end{pmatrix} \in \mathbb{R}^3$$

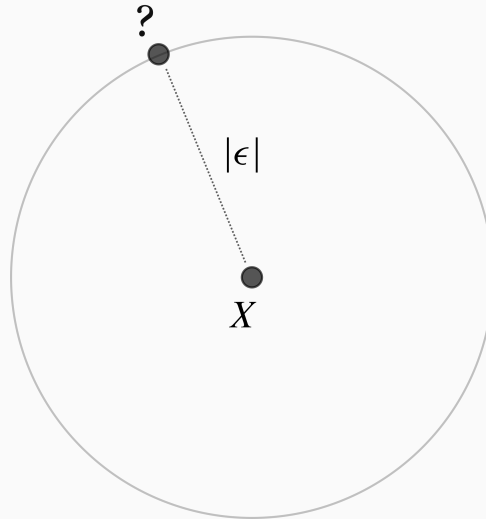
There is an estimator better than  $Q$  (in mean-squared error).

We begin with  $X = \xi + \epsilon$  but instead of assuming that the noise  $\epsilon \sim N(0, I_d)$  we use geometrical arguments.



Pictured are  $X, \xi \in \mathbb{R}^d$  and  $\epsilon = X - \xi$  (the noise vector).

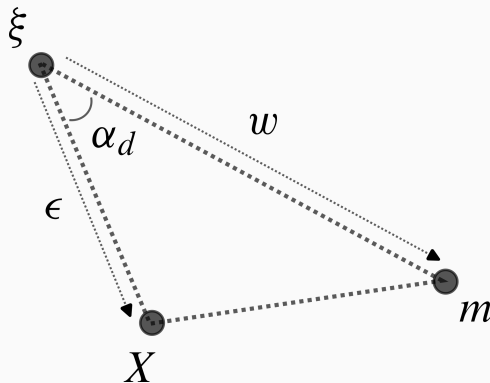
The  $\xi \in \mathbb{R}^d$  is unknown (we only see the observation  $X$ ).



To make things easier assume the length  $|\epsilon|$  is known. But even when given  $|\epsilon|$  it is not clear how to improve the estimate  $X$ .

- *The unknown  $\xi$  could be on any point on the circle pictured.*

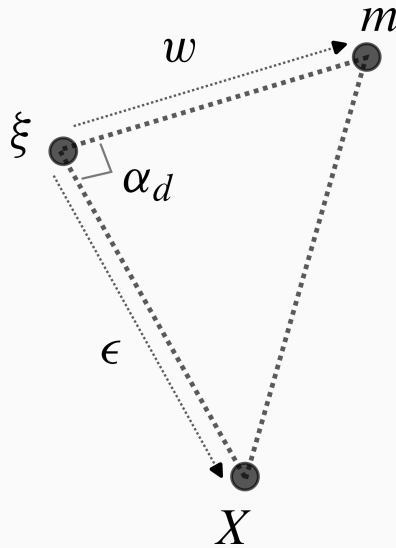
Add any point  $m \in \mathbb{R}^d$ . We now have the vectors  $\epsilon = \eta - \beta$  and  $w = m - \xi$  with  $\alpha_d$  denoting the angle between them.



The vector  $m \in \mathbb{R}^p$  is treated as nonrandom (or independent).

- *For a low dimension  $d$  we cannot say more, but ...*

As the dimension  $d$  becomes large, the angle  $\alpha_d$  tends to  $90^\circ$  with high probability (given mild assumptions on the noise).



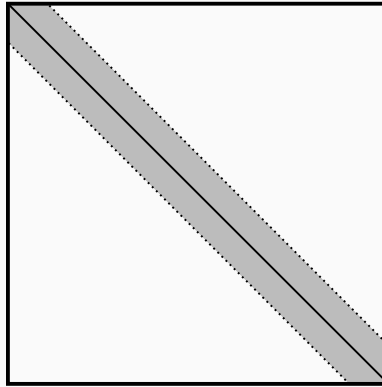
GEOMETRIC LLN.

$$\langle X - \xi, m - \xi \rangle / d = \langle \epsilon, w \rangle / d = \frac{1}{d} \sum_{i=1}^d w_i \epsilon_i \rightarrow 0$$

As  $d \uparrow \infty$  the angle  $\alpha_p$  between  $\epsilon$  and  $w = m - \xi$  tends to  $90^\circ$ .

- *The convergence above may be viewed as a law of large number for non-identical random variables.*  
(e.g. <https://arxiv.org/pdf/1701.02234>)
- *Noise (pure randomness) is orthogonal to (or independent of) any high dimensional vector not corrupted by it.*
- *Very similar to the concentration of measure result due to Borel 1914 (mass of hypercube concentrates on equator).*

Borel 1914 – Concentration of mass of hypercube on its equator.

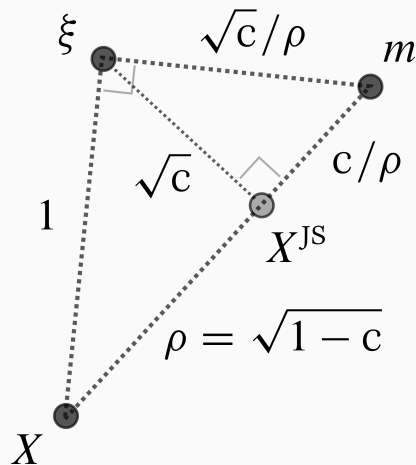


A point  $u$  is on the equator of the hypercube  $[0, 1]^d$  whenever,

$$\langle u - v, v \rangle = 0$$

where  $v = (\frac{1}{2}, \dots, \frac{1}{2})$  is the center of the hypercube.

Define  $X^{\text{JS}}$  as the closest point to  $\xi$  on the line segment between  $X$  and  $m$  (this is the James-Stein estimator).



- See *James & Stein (1961)* for  $m = 0_d$  and finite  $d > 2$ .
- We took  $X^{\text{JS}} = X + c(X - m)$  for any  $m \in \mathbb{R}^d$ .
- We will be able to estimate  $c \in [0, 1]$  in the limit  $d \uparrow \infty$ .

Once we reach dimension  $\infty$  the geometry above may be computed via the Pythagorean theorem (i.e.  $\alpha_\infty = 90^\circ$ ).

- Each length pictured is scaled by  $|\epsilon|$  (the only left unknown).



Letting  $\nu$  be a  $d$ -consistent estimate<sup>1</sup> of  $|\epsilon| = |X - \xi|$ , let

$$X^{\text{JS}} = m + c(X - m), \quad \left( c = 1 - \frac{\nu^2}{|X - m|^2} \right)$$

**Theorem.** If both  $|\xi|^2/p$  and  $|\epsilon|^2/p$  are bounded in  $(0, \infty)$  as the dimension  $d \uparrow \infty$  and the Geometric LLN holds,

$$|X^{\text{JS}} - \xi| \sim \sqrt{c}|X - \xi|.$$

with  $\sqrt{c}$  is eventually in the interval  $(0, 1)$ .

- We write  $a_d \sim b_d$  provided  $\lim_{d \uparrow \infty} a_d/b_d = 1$ .
- For large dimension  $X^{\text{JS}}$  is clearly preferred to  $X$  and this works for any choice of  $m$  (hence Stein's paradox).

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<sup>1</sup>For this we require two observations of  $\xi$  and putting them in a  $d \times 2$  matrix  $M$  it may be shown that  $\nu^2$  defined as the second eigenvalue of  $M^\top M$  satisfies  $\nu \sim |\epsilon|$  as  $d \uparrow \infty$ .

PROOF SKETCH.

- Start with  $X(c) = m + c(X - m)$  and minimize the error function  $c \mapsto |X(c) - \xi|^2$  to obtain the minimizer,

$$c^* = \frac{\langle X - m, \xi - m \rangle}{|X - m|^2} = 1 - \frac{\langle X - m, \epsilon \rangle}{|X - m|^2}.$$

- Show that  $|c - c^*|$  with  $c$  as stated in the theorem vanishes as  $d$  tends to infinity assuming the geometric LLN.
- Deduce that  $\langle \xi - X(c^*), m - X(c^*) \rangle = 0$  which establishes the right angle at  $X^{JS}$  in the limit as shown in the figure.
- Using that  $v \sim |\epsilon|$  compute all the lengths between the points  $(X, \xi, m, X^{JS})$  in the infinite dimensional limit.

AN APPLICATION. We saw the goal of Monte Carlo integration is to estimate integrals such as  $\int_{\mathcal{D}} f(x) dx$  for some domain  $\mathcal{D}$ .

Let  $\theta \in \mathbb{R}^d$  be some high dimensional set of parameters, and

$$F(\theta) = \int_{\mathcal{D}} f(x, \theta) dx.$$

In many application we wish to estimate the gradient of  $F$ ,

$$\nabla_{\theta} F(\theta) = \left( \frac{dF(\theta)}{d\theta_1}, \dots, \frac{dF(\theta)}{d\theta_d} \right) \in \mathbb{R}^d$$

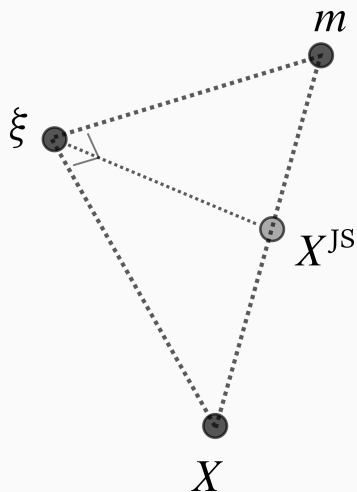
Mohamed et al. (2020) apply Monte Carlo integration (given  $\nabla_{\theta} f(x, \theta)$  may be computed) to estimate  $\nabla_{\theta} F(\theta)$ .

- *The discuss many applications to inference, reinforcement learning, queuing theory, sensitivity analysis, etc.*

Taking  $X = \nabla_{\theta} F(\theta) + \epsilon$  we could use  $X^{JS}$  to possibly improve upon Monte Carlo estimates when  $d$  is large.

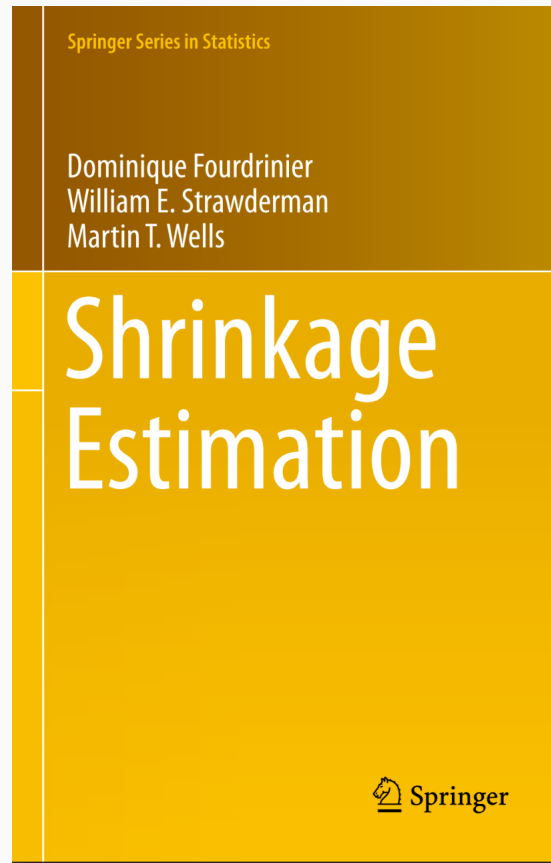
Related is also the area of “derivative free optimization” which does not assume  $\nabla_{\theta} f(x, \theta)$  is known (see Scheinberg (2022)).

The estimator  $X$  is called inadmissible because, for large enough  $d$ , the James-Stein estimator  $X^{JS}$  improves upon it.



The vector  $m$  is called the “shrinkage target”.

The James-Stein estimator has inspired the area of shrinkage estimation in statistics (Fourdrinier et al. 2018).



# Isoperimetric problem

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Let  $(\mathbb{X}, d)$  be a metric space.

- $d(x, y)$  is the distance between  $x, y \in \mathbb{X}$ .
- $d(x, A) = \inf_{y \in A} d(x, y)$ .

Consider the  $\epsilon$ -neighborhood of  $A$ , i.e. for  $\epsilon > 0$ ,

$$A_\epsilon = \{x \in \mathbb{X} : d(x, A) \leq \epsilon\}$$

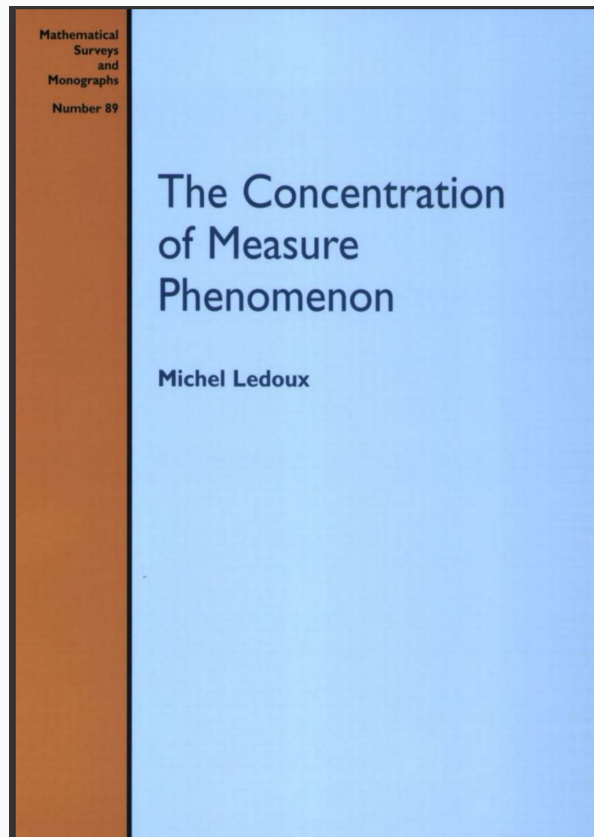
For fixed  $\epsilon > 0$ , we define the function  $\phi_v$  as follows.

$$\phi_v(\epsilon) = \inf_{A \subseteq \mathbb{X}} \{\mu(A_\epsilon) : \mu(A) \geq v\}$$

**Isoperimetric problem.** “Of all shapes  $A$  with volume  $V$ , what is the one that minimizes the volume of the  $\epsilon$ -neighborhood of  $A$ .”

- Few explicit solutions are known (e.g., most notably the constant curvature spaces; see Section 2.1 of [Ledoux \(2001\)](#)).
- Lower bounds for the function  $\phi_v$  are good enough (see concentration of measure below).

Geometric/functional analysis perspective (with mix of probability where it is helpful) – [Ledoux \(2001\)](#).





## THE ISOPERIMETRIC PROBLEM ON $\mathbb{R}^d$

Let  $\mu$  measure volume in  $\mathbb{R}^d$  uniformly, e.g., the  $\mu$ -measure of a box  $[a_1, b_1] \times \cdots \times [a_d, b_d] \subseteq \mathbb{R}^d$  is given by,

$$\mu([a_1, b_1] \times \cdots \times [a_d, b_d]) = \prod_{i=1}^d (b_i - a_i).$$

Let  $d$  be the Euclidean metric (e.g.,  $d(x, y) = |x - y|$ ).

Consider all  $A \subseteq \mathbb{R}^d$  of fixed volume  $v = \mu(A)$ .

The body  $A$  that minimizes  $\mu(A_\epsilon)$  is the Euclidean ball  $B$ , i.e.,

$$B = B(x, r) = \{v \in \mathbb{R}^d \mid d(x, v) \leq r\}$$

where the radius of the ball  $r$  is set to achieve  $\mu(B) = v$ . The center  $x$  of  $B$  does not change the volume  $v$ .

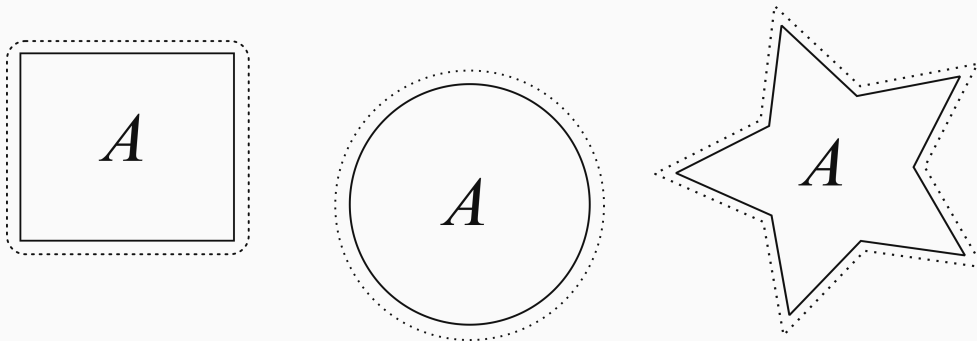
Then,  $\phi_v(\epsilon) = \mu(B_\epsilon)$  and  $B_\epsilon = B(x, r + \epsilon)$  is also a ball just like  $B = B(x, r)$  but with the larger radius  $r + \epsilon$ .

This is a corollary of Brunn-Minkowski inequality (see Theorem 5.2 and Lecture 8 in [Ball \(1997\)](#)).

Illustration of the isoperimetric problem in  $\mathbb{R}^d$ .

The box, the ball and the star  $A$  all have volume  $v = \mu(A)$ .

Their  $\epsilon$ -neighborhoods are pictured with a dashed boundary.



Out of the three  $A$  (and every set of volume  $v$ ) the ball  $A = B$  (middle) minimizes the volume of its  $\epsilon$ -neighborhood  $\mu(A_\epsilon)$

The ball  $B$  also minimizes the surface area of any body  $A \subseteq \mathbb{R}^d$  provided that  $\mu(A) = \mu(B)$  (Theorem 5.3 in [Ball \(1997\)](#)).

## THE ISOPERIMETRIC INEQUALITY ON $\mathbb{R}^d$

Let  $B = \{y \in \mathbb{R}^d : d(x, y) \leq r\}$  be a Euclidean ball of radius  $r$  centered at  $x$ . Let  $\mu(B) = v$  be its volume (unchanged by  $x$ ).

We have the following **isoperimetric inequality** on  $\mathbb{R}^d$ . For all measurable  $A \subseteq \mathbb{R}^d$  of volume  $v = \mu(A) = \mu(B)$  and  $\epsilon > 0$ ,

$$\mu(A_\epsilon) \geq \mu(B_\epsilon) = \phi_v(\epsilon).$$

This says that “growing” a body  $A$  to its  $\epsilon$ -neighborhood takes up the least volume for  $A = B$ , the Euclidean ball.

The advantage is that  $\mu(B_\epsilon)$  is much easier to calculate than would  $\mu(A_\epsilon)$  be for many useful  $A$  encountered in applications.

We can apply this result to see where the uniform measure  $\mu$  concentrates inside the hypercube  $[0, 1]^d \subseteq \mathbb{R}^d$ .

Let  $A \subseteq [0, 1]^d$  with  $\mu(A) \geq 1/2$  (i.e.,  $A$  is a body in the hypercube occupying at least half its volume;  $\mu([0, 1]^d) = 1$ ).

Let  $v(r)$  denote the volume  $\mu(B)$  of a ball  $B$  of radius  $r > 0$ . Fix a ball  $B$  to have volume  $v(r_d) = 1/2$ . It's radius has  $r_d \sim \sqrt{d}$  (i.e.,  $\frac{r_d}{\sqrt{d}} \rightarrow 1$ ).<sup>2</sup> By the isoperimetric inequality,

$$\mu(A_\epsilon) \geq \mu(B_\epsilon) = v(r_d + \epsilon)$$

Some further calculations yield  $v(r_d + \epsilon) \geq 1 - e^{-\pi\epsilon^2}$ .

- *For any  $A$  in  $[0, 1]^d$  of more than half the volume of  $[0, 1]^d$ , the  $\epsilon$ -neighborhood volume grows exponentially in  $\epsilon^2$ .*

The largest distance between any two corner of the hypercube is  $\sqrt{d}$ , so provided that  $A_{\delta\sqrt{d}} \subseteq [0, 1]^d$  for some  $\delta > 0$ ,

$$\mu(A_{\delta\sqrt{d}}^c) \leq e^{-\pi\delta^2 d}$$

which tends to zero exponentially fast in the dimension.

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<sup>2</sup>see ([www.wikipedia.org/wiki/Volume\\_of\\_an\\_n-ball](http://www.wikipedia.org/wiki/Volume_of_an_n-ball))

Another classical domain is  $\mathbb{S}^{d-1} = \{x \in \mathbb{R}^d : |x| = 1\}$ ,  
the surface of a sphere of radius 1 in  $d$ -dimensions.

Let  $\mu$  be the uniform area measure on  $\mathbb{S}^{d-1}$  with  $\mu(\mathbb{S}^{d-1}) = 1$ .

- *This means the  $\mu(A) = \mu(RA)$  where  $RA$  is any rotation of  $A \subseteq \mathbb{S}^{d-1}$  ([www.wikipedia.org/wiki/Rotation\\_matrix](http://www.wikipedia.org/wiki/Rotation_matrix)).*
- *Statistically, a vector  $u \in \mathbb{S}^{d-1}$  from the distribution  $\mu$  will be “equally likely to be at any point in  $\mathbb{R}^{d-1}$ ”<sup>3</sup>*

We can let  $d$  be the Euclidean metric or geodesic distance.

- $d(x, y) = |x - y|$  for  $x \in \mathbb{S}^{d-1}$  for Euclidean metric.
- $d(x, y) = \arccos \langle x, y \rangle$  for  $x \in \mathbb{S}^{d-1}$  for geodesic metric (this is just the length of the arc between  $x$  and  $y$  on  $\mathbb{S}^{d-1}$ ).

Either metric may be used to define spherical cap,

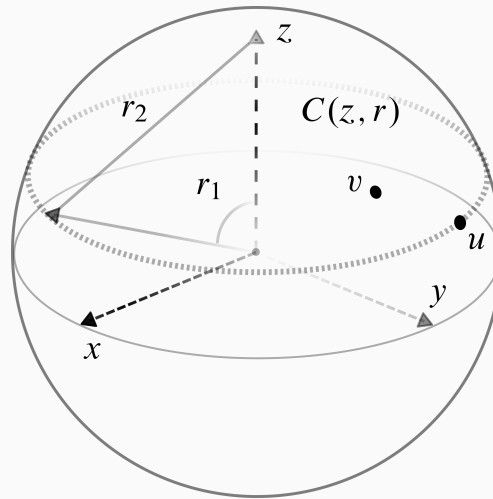
$$C = C(z, r) = \{v \in \mathbb{S}^{d-1} : d(z, v) \leq r\},$$

*i.e., all points within distance/angle  $r$  of the cap center  $z \in \mathbb{S}^{d-1}$ .*

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<sup>3</sup>Of course this event has measure zero.

$C(z, r)$  is in fact a ball on  $\mathbb{S}^{d-1}$  centered at  $z$  and with radius  $r$ .



- The cap  $C(z, r)$  contains all area above the dashed line.
- The illustrated cap  $C(z, r)$  uses angle  $r_1$  with the geodesic metric and  $r_2$  with the Euclidean metric (set to match area).
- $r_1 \neq r_2$  when describing the same cap with different metrics.
- Above  $u \in \partial C(z, r)$ , the boundary of the cap (at maximal angle  $r_1$ ), and  $v \in C(z, r)$  at some angle smaller than  $r_1$ .

THE ISOPERIMETRIC PROBLEM ON  $\mathbb{S}^{d-1}$ .

Let  $\mu$  be the uniform surface area measure on  $\mathbb{S}^{d-1}$ .

Let  $d$  be the Euclidean metric or geodesic distance.

Consider all  $A \subseteq \mathbb{R}^d$  of fixed area  $a = \mu(A)$ .

The body  $A$  that minimizes  $\mu(A_\epsilon)$  is the spherical cap  $C$ , i.e.,

$$C = C(z, r) = \{v \in \mathbb{S}^{d-1} : d(z, v) \leq r\}$$

where the radius  $r$  of the cap is set to achieve area  $\mu(C) = a$ .

The center  $z$  of  $C$  does not change the area  $a$ .

Then,  $\phi_v(\epsilon) = \mu(C_\epsilon)$  and  $C_\epsilon = C(z, r + \epsilon)$  is also a cap just like  $C = C(z, r)$  but with the larger radius  $r + \epsilon$ .

The proof is difficult to find/read (Chapter IV of Part 3 of [Lévy & Pellegrino \(1951\)](#) credited to Lévy and dating to 1919).

- *A self-contained proof is in Section 8 of [Figiel et al. \(1977\)](#).*
- *[Gromov \(1980\)](#) generalizes to **Riemannian manifolds** (exact answers known only for constant curvature).*

## THE ISOPERIMETRIC INEQUALITY ON $\mathbb{S}^{d-1}$

Let  $C = \{v \in \mathbb{S}^{d-1} : d(z, v) \leq r\}$  be a Euclidean ball of radius  $r$  centered at  $z$ . Let  $\mu(C) = a$  be its area (unchanged by  $z$ ).

We have the following **isoperimetric inequality** on  $\mathbb{S}^{d-1}$ . For all measurable  $A \subseteq \mathbb{S}^{d-1}$  with  $a = \mu(A) = \mu(C)$  and  $\epsilon > 0$ ,

$$\mu(A_\epsilon) \geq \mu(C_\epsilon) = \phi_a(\epsilon).$$

This says that “growing” an area  $A$  to its  $\epsilon$ -neighborhood takes up the least the area of  $A = C$ , the spherical cap.

The advantage is that  $\mu(C_\epsilon)$  is much easier to calculate than would  $\mu(A_\epsilon)$  be for many useful  $A$  encountered in applications.

For calculations of areas of spherical caps of  $\mathbb{S}^{d-1}$  see [Li \(2010\)](#).

Bounds are derived in Lecture 2 of [Ball \(1997\)](#). These give the famous concentration on the equation result (next slide).



Consider any area  $A$  on  $\mathbb{S}^{-1}$  with measure  $\mu(A) \geq 1/2$  (i.e.,  $A$  occupies at least half the sphere).

The spherical cap  $C$  with area  $\mu(C) = 1/2$  extends to the “equator” of the sphere, i.e.  $C = C(z, 90^\circ)$  (geodesic metric).

For any  $A$  of area at least half of the sphere and  $\epsilon > 0$ ,

$$\mu(A_\epsilon) \geq \phi_{1/2}(\epsilon) \geq 1 - e^{-(d-1)\epsilon^2/2}$$

where  $0 < \epsilon < \pi = 180^\circ$  the exponential bound is derived for the geodesic metric in Section 2.1 of [Ledoux \(2001\)](#).

Euclidian  $d$  has  $1 - e^{-d\epsilon^2/2}$  (Lemma 2.2 of [Ball \(1997\)](#)).

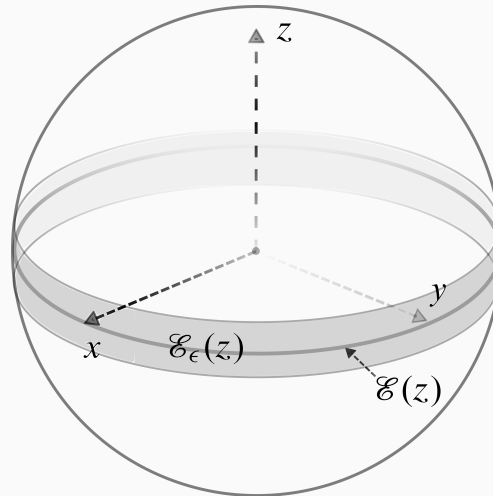
The above may be used to justify that the area of the sphere concentrates on the equator of the center  $z$  of  $C$  (next slide).

Since  $z$  is arbitrary,  $\mu$  concentrates on every equator!

The equator  $\mathcal{E}(z) = \{v \in \mathbb{S}^{d-1} : \langle v, z \rangle = 0\}$  with respect to  $z \in \mathbb{S}^{d-1}$  is all points perpendicular to  $z$ , e.g.,  $x, y \in \mathcal{E}(z)$ .

Note,  $\mathcal{E}(z) = \partial C(z, 90^\circ)$ , the boundary of the half-sphere.

- The upper cap  $C(z, 90^\circ + \epsilon)$  contains  $1 - e^{-(d-1)\epsilon^2/2}$  fraction of the total area  $\mu(\mathbb{S}^{d-1}) = 1$ .
- The lower cap  $C(-z, 90^\circ + \epsilon)$  contains  $1 - e^{-(d-1)\epsilon^2/2}$ .



- It follows that  $\mathcal{E}_\epsilon(z) = C(z, 90^\circ + \epsilon) \cap C(-z, 90^\circ + \epsilon)$  has area at least  $1 - 2e^{-(d-1)\epsilon^2/2}$  (close to 1 for large  $d$ ).

## Concentration of measure

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Let  $(\mathbb{X}, d)$  be a metric space and  $\mu$  denote a Borel probability (i.e. open sets are with respect to  $d$ ) measure with  $\mu(\mathbb{X}) = 1$ .

**Theorem.** If  $f : \mathbb{X} \rightarrow \mathbb{R}$  is Lipschitz with constant  $L$ , then there is a constant  $M \in \mathbb{R}$  such that for any  $\epsilon > 0$ ,

$$\mu\left(x \in \mathbb{X} : |f(x) - M| \geq \epsilon\right) \leq 2(1 - \phi_{1/2}(\epsilon/L))$$

REMARKS.

- $f$  Lipschitz means there exists a constant  $L$  such that

$$|f(x) - f(y)| \leq Ld(x, y), \quad \forall x, y \in \mathbb{X}.$$

(i.e., the function  $f$  is relatively “smooth”)

- $M = \inf\{t \in \mathbb{R} : \mu(x \in \mathbb{X} : f(x) > t) \geq 1/2\}$  (the median) but also holds for  $M = \int_{\mathbb{X}} f(x)d\mu(x)$  (mean).
- When  $\phi_{1/2}(\epsilon/L)$  is close to 1, this states that “smooth functions in high dimensional spaces are nearly constant”.
- In the context of Monte Carlo integration, the function  $f$  is easy to integrate if  $\phi_{1/2}(\epsilon/L)$  is close to 1.

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PROOF OUTLINE.

- Letting  $\{x \in \mathbb{X} : |f(x) - M| \geq \epsilon\} = U \cup V$ .

$$U = \{x \in \mathbb{X} : f(x) \leq M - \epsilon\}$$

$$V = \{x \in \mathbb{X} : f(x) \geq M + \epsilon\}$$

- We will let  $A = \{x \in \mathbb{X} : f(x) > M\}$  and show that

$U \subseteq A_{\epsilon/L}$  which has  $\mu(A) \geq 1/2$  (by definition of  $M$ ).

- Then  $\mu(U) \leq \mu(A_{\epsilon/L}^c) = 1 - \mu(A_{\epsilon/L}) \leq 1 - \phi_{1/2}(\epsilon/L)$ .

- Similarly,  $\mu(V) \leq \mu(A_{\epsilon/L}^c) \leq 1 - \phi_{1/2}(\epsilon/L)$  but now with  $A = \{x \in \mathbb{X} : f(x) \leq M\}$  which also has  $\mu(A) \geq 1/2$ .

PROOF.

- Let  $A = \{z \in \mathbb{X} : f(z) > M\}$  and note that  $\mu(A) \geq 1/2$  by the definition of the median  $M$ . We prove that,

$$\mu(U) = \mu(\{x \in \mathbb{X} : f(x) \leq M - \epsilon\}) \leq 1 - \mu(A_{\epsilon/L})$$

where  $A_{\epsilon/L}$  is the  $\epsilon$ -neighborhood of  $A$ .

- The isoperimetric inequality  $\mu(A_{\epsilon/L}) \geq \phi_{1/2}(\epsilon/L)$  then completes the  $U$  part of the theorem (the  $V$  part is similar).
- This reduces the calculation of the measure of a set  $A_{\epsilon/L}$  to an isoperimetric problem/inequality.
- Let  $x \in U = \{x \in \mathbb{X} : f(x) \leq M - \epsilon\}$  to show  $x \in A_{\epsilon/L}^c$  which implies  $\mu(U) \leq 1 - \mu(A_{\epsilon/L})$  as required. Note,

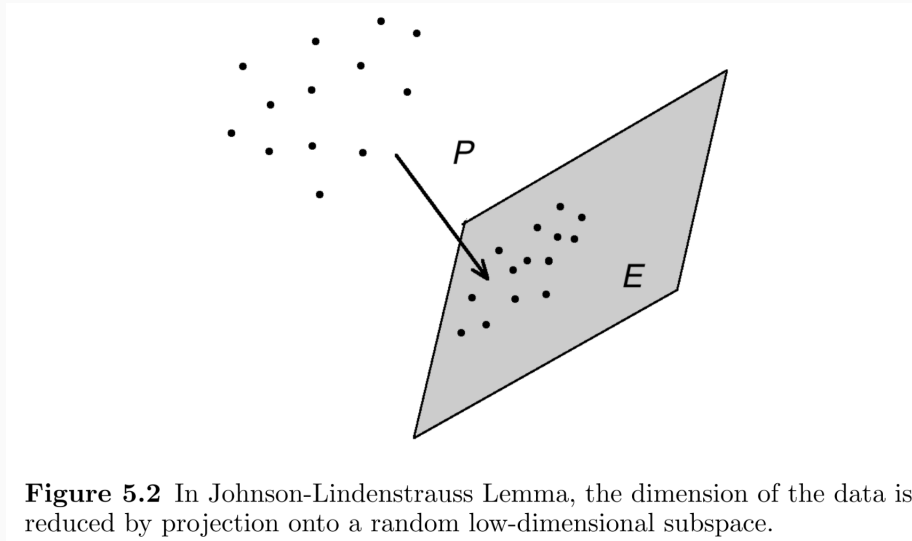
$$f(x) \leq M - \epsilon < f(y) - \epsilon$$

for all  $y \in A$  (because  $f(y) > M$ )

- This violates the Lipschitz property of  $f$  unless out point  $x$  satisfies  $d(x, y) > \epsilon/L$ . It follows that  $x \in A_{\epsilon/L}^c$ .

# Johnstone-Lindenstrauss lemma

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See Chapter 5 Section 5.3 in [Vershynin \(2018\)](#).



Project  $N$  points in  $\mathbb{R}^d$  into an  $m$ -dimensional space ( $m \ll d$ ).

- Let  $\mathcal{D}_N$  be a set of  $N$  points in  $\mathbb{R}^d$ .
- Let  $E$  be a (uniformly) random  $m$ -dim. subspace of  $\mathbb{R}^d$ .
- Let  $P$  denote the orthogonal projection onto  $E$ .  
e.g., for a  $m \times d$  matrix  $X$  with i.i.d. entries  $X_{ij} \sim N(0, 1)$ ,

$$P = X(X^\top X)^{-1}X^\top$$

- Let  $\mu$  be the probability on the space on which  $X$  is defined.

JOHNSTONE-LINDENSTRASS. There are absolute constants  $C, c > 0$  such that for all  $\epsilon > 0$  and  $m \geq (C/\epsilon^2) \log N$ ,

$$\mu(A_\epsilon) \geq 1 - 2e^{-c\epsilon^2 m} \geq 1 - 2N^{-c \times C}$$

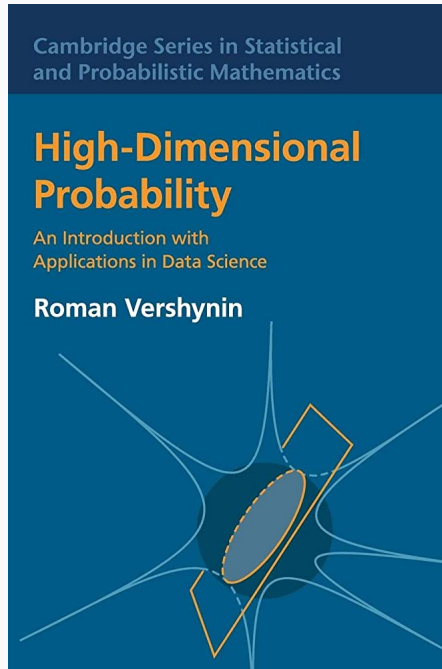
(i.e. with high probability for  $m$  sufficiently large) where

$$A_\epsilon = \left\{ (1 + \epsilon) \leq \frac{|Px - Py|}{|x - y|} \sqrt{\frac{d}{m}} \leq (1 + \epsilon), \forall x, y \in \mathcal{D}_N \right\}.$$

i.e., all distances are preserved upto a scaling by  $\sqrt{d/m}$ .

*The proof of the Johnstone-Lindenstrauss lemma is based on Lévy's concentration of measure on the sphere.*

The proof is given below Theorem 5.3.1 of [Vershynin \(2018\)](#).



# Dvoretzky's theorem

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**Theorem (Dvoretzky).** *A random projection of a convex body in  $\mathbb{R}^d$  onto a subspace of dimension  $k \leq C\epsilon^2 \log d$  is approximately a ball in  $\mathbb{R}^k$  with probability at least  $1 - e^{-ck}$ .*

Proofs of statements similar to this one may be found in [Ball \(1997\)](#), [Vershynin \(2018\)](#) and [Meckes \(2019\)](#).

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